Your Faith – Your Victory Over Worry

4 Keys To Defeating Worry

August 26, 2018
• READ: Matthew 6:25-34

(Mat 6:25 NIV) "Therefore I tell you, do not worry about your life, what you will eat or drink; or about your body, what you will wear. Is not life more important than food, and the body more important than clothes?

• (33) But seek first his kingdom and his righteousness, and all these things will be given to you as well. (34) Therefore do not worry about tomorrow, for tomorrow will worry about itself. Each day has enough trouble of its own
1. Stand On The Word Of God:

(Mat 6:25-34 NIV) "Therefore I tell you, do not worry about your life, what you will eat or drink; or about your body, what you will wear. Is not life more important than food, and the body more important than clothes?

(27) Who of you by worrying can add a single hour to his life?
1. Stand On The Word Of God:

• (28) "And why do you worry about clothes? See how the lilies of the field grow. They do not labor or spin.

• (31) So do not worry, saying, 'What shall we eat?' or 'What shall we drink?' or 'What shall we wear?'

• (34) Therefore do not worry about tomorrow, for tomorrow will worry about itself. Each day has enough trouble of its own.
1. Stand On The Word Of God:

- God Is Going To Take Care Of Us
- Faith And Worry Do Not Mix
1. Stand On The Word Of God:

• He Is A Good, Good Father -- He Cares For Us
• He Is The God Of The Rescue
• (1 Pet 5:7 NIV) ... he cares for you.
1. Stand On The Word Of God:

- His Answer Is In His Name
- He Is Jehovah Jireh -- Our Provider
2. Cast Your Worry On Him

• (1 Pet 5:7 NIV) Cast all your anxiety on him because he cares for you.
2. Cast Your Worry On Him

• You Don't Have To Carry Around Anxiety
  You Can Cast Your Cares On Him

• He Is 100% Able

• He Has 100% Concern

• He Cares For You
3. Pray Often

• Be a frequent visitor in the Lord's throne room

• Be persistent and persevering in your prayers
3. Pray Often

- God Rewards Diligence -- Persistence And Perseverance In Prayer

- Keep On Praying Until The Burden Lifts

(Mat 7:7 NIV) "Ask and it will be given to you; seek and you will find; knock and the door will be opened to you."
3. Pray Often

• In The Presence Of God
  Worry Is Choked Out
  And Faith Begins To Soar
4. Pray In The Spirit

(Rom 8:26-27 NIV) In the same way, the Spirit helps us in our weakness. We do not know what we ought to pray for, but the Spirit himself intercedes for us with groans that words cannot express. (27) And he who searches our hearts knows the mind of the Spirit, because the Spirit intercedes for the saints in accordance with God's will.
4. Pray In The Spirit

• When We Pray In The Spirit -- We Are Praying God Directed, God Inspired Prayer Through The Spirit

• Prayer That Is Offered In The Spirit Is Perfect Prayer -- It Is Spirit Inspired Prayer
4. Pray In The Spirit

Prayer In The Spirit Is:

• Prayer Said In Freedom

• Prayer As The Holy Spirit Intended

• Prayer Which Is Perfect Prayer
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1. Stand On The Word

2. Cast Your Cares On Him -- He Cares For You

3. Pray Often -- With Persistence And Perseverance

4. Pray in the Holy Spirit