How to Win the Battle of the Mind

Demolishing Strongholds and Footholds

May 20, 2020
HOW TO WIN THE BATTLE OF THE MIND

2 Corinthians 10:4-5 (NIV) (4) The weapons we fight with are not the weapons of the world. On the contrary, they have divine power to demolish strongholds. (5) We demolish arguments and every pretension that sets itself up against the knowledge of God, and we take captive every thought to make it obedient to Christ.

A Stronghold Is A Fortress Of Wrong Thinking That Can Lead To The Enemy Taking Ground In Our Lives

The Battle That Is Taking Place It Is A Battle In The Mind.
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EVERY STRONGHOLD BEGINS WITH A FOOTHOLD

Ephesians 4:27 (NIV) (27) and do not give the devil a foothold.

Why? Because A Foothold Can Become A Stronghold
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STRONGHOLDS ARE WALLS OF RESISTANCE USED AGAINST US
(i.e.) Worldly Thoughts – Thinking -- Reasoning:

- Pride
- Intelligence
- The Wisdom Of Man
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WE DON'T TAKE ADVANTAGE OF ALL THE PERKS OF BEING A CHRISTIAN

We Are Often Times Living Below Our Privileges

- Many Benefits Are Promised That We Never Grab Onto
- We Have Many Promises That We Never Appropriate
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IT STARTS IN OUR THINKING -- TAKE EVERY THOUGHT CAPTIVE

▪ 2 Cor 10:5 ...”take captive every thought to make it obedient to Christ.”

▪ Every Thought Is In Control – Captive To Christ

▪ The Spirit Of God Enables Us To:
  Win The Battle Of The Mind
  Get Our Imaginations Under Control
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WE SEEK OUT AND FIND THE MIND OF THE SPIRIT

Romans 8:5 (NIV) (5) Those who live according to the sinful nature have their minds set on what that nature desires; but those who live in accordance with the Spirit have their minds set on what the Spirit desires.

Isaiah 26:3 (NIV) (3) You will keep in perfect peace him whose mind is steadfast, because he trusts in you.
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WE DON’T FIGHT THIS BATTLE WITH WEAPONS OF THIS WORLD

The World Emphasizes Surface Strength – Strength That Can Be Seen & Measured – Physical Might

We Don’t Look To Ourselves For Our Strength -- We Look To The Lord – He Is Our Strength
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WE DEMOLISH ARGUMENTS AND PRETENSIONS THAT SET UP AGAINST THE KNOWLEDGE OF GOD

There Is Only One Place Of Answer
There Is Only One Source Of Hope, Joy, Life, Solution -- In God

Anything That Sets Itself Up Against God Must Be Demolished
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OUR DUTY:

- We Must Not Give Into Satan’s Strategy, Or, Let It Defeat Us
- We Contend For The Faith Jude 1:3
- We Stand Firm In The Spiritual Armor Eph 6:13-14
- We Fight The Good Fight Of Faith 1 Tim 6:12

THE WINNER WILL ALWAYS BE THE ONE WHO DOES NOT GIVE UP
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**Romans 16:20 (NIV)** (20) *The God of peace will soon crush Satan under your feet. The grace of our Lord Jesus be with you.*

**OUR PRESENT AND FUTURE POSITION IN THIS BATTLE**

- Our Victory Is By Faith. It Is From God.
- It Is Through Christ
- In It We Are Triumphant

**Romans 8:37 (NIV)** (37) *No, in all these things we are more than conquerors through him who loved us.*
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WE AREN’T GOING TO ALLOW HIM TO MAKE OUR FOOTHOLDS INTO STRONGHOLDS:

▪️ If We Continue To Resist Him -- He Will Finally Give Up
▪️ It May Not Be Immediate -- But It Will Happen
▪️ Victory Is Ours -- The Price Is Faith And Persistence
▪️ God Is Calling Us To Stop Being Victims And to Become Mighty Warriors In All Of Life's Realities
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HOW TO DEAL WITH FOOTHOLDS BEFORE THEY BECOME STRONGHOLDS?

▪ Identify The Problem Area -- Ask The Holy Spirit To Show You

▪ Confess & Repent Before The Lord As The Lord Reveals It To You

▪ Choose To Forgive Those Who Have Wounded You

▪ Forgive Yourself As Well
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- Receive God's Forgiveness & Cleansing For The Matter
- Renounce Sin
- Close Any Doors That The Enemy Has Gained Access And Entry
- Ask The Holy Spirit To Break The Behavior & Change Thinking
- Allow The Lord To Daily Conform You To The Image Of Christ

Sherer And Garlock – Breaking Bondages